



# JIKISHIN JU-JITSU ASSOCIATION



## KENTS 6th NATIONAL KATA & RANDOM ATTACKS COURSE & CHAMPIONSHIPS

**Saturday 20<sup>th</sup> May 2023 Snodland Community Centre**  
**Paddlesworth Road ME6 5DP**



### **Welcome and Information Sheet**

Thank you for attending Kent's 6th Annual Kata & Random Attack course and championship, whether you are here to participate or to watch, we hope you enjoy your day

#### **For more details:**

**Rula Metaxas      0777 5682318      kentsamurai@hotmail.co.uk**

**Car Parking** - Ample Car Parking.

**SAT NAV: - Paddlesworth Road**  
**Snodland ME6 5DP**



#### **On arrival**

Competitors will be met by a Jikishin sensei that will sign you in and stamp your hand. Anyone entering a competition will have a secondary sign in where all details/weights will be verified. Spectators will be issued a wristband.

#### **Changing**

There are Changing areas but these will be cramped and very busy so if at all possible, we would advise you change before arrival

#### **Viewing etiquette**

We are unable to give out the matt areas for each competition in advance. We ask that you all stay seated so that everyone can see their people perform. Also, can you all please consider the effect on young children, other competitors or fellow spectators when shouting encouragement, **NO negative and aggressive shouting**, please keep your encouragement positive but still loud

#### **Safety**

There will be First Aiders on duty

#### **Food and Refreshments**

You will be able to purchase drinks, cakes crisps and sandwiches. **Meal deals to be pre ordered on the morning (will include roll, drink crisps or cake)**



#### **Competition Entries**

Open Hand – White -Orange Belt	NOVICE KATA
Open Hand – Green - Blue Belt	NOVICE KATA / SHORT STANCE KATA
Open Hand – Purple – Black Belt	NOVICE KATA/ SHORT STANCE KATA / BLACKBELT KATA
Weapons – White – Orange Belt	NUNCHUKA KATA 1
Weapons – Green – Blue Belt	NUNCHIKA KATA 1/ TONFA KATA 1
Weapons Purple – Black Belt	NUNCHUKA KATA 1 / TONFA KATA 1 / SAI KATAV1
Random Attacks	
Pairs Demo's	
Ground Fighting – Adults Only	Weighted Category

**Timetable**

	<b>Juniors</b>	<b>Adults</b>
<b>Registration</b>	9.30 - 10.00	9.30-10.00
<b>Course</b>	10:00 - 11:30	10:00 - 11:30
<b>Lunch</b>	11.30 - 12:00	11.30 - 12:00
<b>Competition walk on</b>	12.00	12:00
<b>Competitions</b>	12:10 – 16:00	12:10 – 16:00

**Please note that we are timetabling all the Junior Competitions first, with all competitors being called to the waiting area before. Medal presentations will be at the end of the day.**

**Please listen for competitors' announcements.**