



**JIKISHIN JU-JITSU**  
**ASSOCIATION**



**KENTS 4th NATIONAL KATA**  
**GROUND FIGHTING &**  
**RANDOM ATTACKS COURSE**  
**& CHAMPIONSHIPS**

**Saturday 17<sup>th</sup> March 2018 The Holmesdale School, Malling**  
**Road, Snodland. ME6 5HS**



**Welcome and Information Sheet**

Thank you for attending Kents 4th Annual Kata, Ground Fighting & Random Attack course and championship, whether you are here to participate or to watch, we hope you enjoy your day

*The organising committee, Rula, & Ann head of association Hanshi Brian Herbert*

**Car Parking** - Ample Car Parking.

**SAT NAV:- ME6 5HS**  
(Malling Road, Snodland,  
Kent,)

### On arrival

You will be met by a Jikishin sensei that will sign you in and stamp your hand.

Anyone entering a competition will have a secondary sign in where all details/weights will be verified

### Changing

There are Changing areas but these will be cramped and very busy so if at all possible, we would advise you change before arrival

### Viewing etiquette

We are unable to give out the matt areas for each competition in advance unfortunately so would ask that you are all flexible so that everyone can see there people perform. Also, can you all please consider the effect on young children, either other competitors or fellow spectators of negative and aggressive shouting. Can we all please keep our encouragement positive but still loud



### Safety

There will be First Aiders on duty

### Food and Refreshments

You will be able to purchase drinks, cakes crisps and sandwiches. **Meal deals to be pre odred before the event (will include roll, drink crisps or cake)**

### Timetable

|                              | <b>Juniors</b> | <b>Adults</b> |
|------------------------------|----------------|---------------|
| <b>Registration/weigh in</b> | 10.30 – 11.00  | 10.30 – 11.00 |
| <b>Course</b>                | 11:00 - 12:30  | 10:30 - 12:30 |
| <b>Lunch</b>                 | 12.30 - 1:00   | 12.30 - 1:00  |
| <b>Competition walk on</b>   | 1.00           | 1:00          |
| <b>Competitions</b>          | 1:15           | 1.15          |

**Please note that we are timetabling all the Junior Competitions first, with all competitors being called to the waiting area before. Medal presentations will happen throughout the day.**

**This way hopefully it won't be too long a day for the juniors**

**Please listen for announcements.**

### **For more details:**

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