



JIKISHIN JU-JITSU
ASSOCIATION



KENTS 5th NATIONAL KATA
GROUND FIGHTING &
RANDOM ATTACKS COURSE
& CHAMPIONSHIPS

Saturday 27th April 2019 Oaken Hall Ditton



Welcome and Information Sheet

Thank you for attending Kent's 5th Annual Kata, Ground Fighting & Random Attack course and championship, whether you are here to participate or to watch, we hope you enjoy your day

The organising committee, Rula, & Ann head of association Hanshi Brian Herbert

Car Parking - Ample Car Parking.

SAT NAV:- ME20 6AH

(Kilbarn Road, Aylesford,
Kent,)

[Kiln Barn Road, Aylesford ME20 6AH](#)

On arrival

You will be met by a Jikishin sensei that will sign you in and stamp your hand.

Anyone entering a competition will have a secondary sign in where all details/weights will be verified

Changing

There are Changing areas but these will be cramped and very busy so if at all possible, we would advise you change before arrival

Viewing etiquette

We are unable to give out the matt areas for each competition in advance unfortunately so would ask that you are all flexible so that everyone can see there people perform. Also, can you all please consider the effect on young children, either other competitors or fellow spectators of negative and aggressive shouting. Can we all please keep our encouragement positive but still loud



Safety

There will be First Aiders on duty

Food and Refreshments

You will be able to will be able to purchase drinks, cakes crisps and sandwiches. **Meal deals to be pre odred on the morning (will include roll, drink crisps or cake)**

Timetable

	Juniors	Adults
Registration/weigh in	9.00 - 9.30	9.00-9.30
Course	10:00 - 11:30	9:30 - 11:30
Lunch	11.30 - 12:00	11.30 - 12:00
Competition walk on	12.00	12:00
Competitions	12:10	12:10

Please note that we are timetabling all the Junior Competitions first, with all competitors being called to the waiting area before. Medal presentations will happen throughout the day.

This way hopefully it won't be too long a day for the juniors

Please listen for announcements.

For more details:

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